#### **CONGRESS CHAIRS**

Loris R. Lopetuso Giovanni Marasco Olga Maria Nardone

### **FACULTY**

Cesare Cremon Francesco De Seta Gianluca laniro Loris R. Lopetuso Peter Malfertheiner Giovanni Marasco Olga Maria Nardone Davide G. Ribaldone Edoardo Vincenzo Savarino

## Scientific Rationale

The growing significance of microbiome research has paved the way for a deeper understanding of the pathophysiology of gastrointestinal diseases and related disorders. The "Microbiota Road to" congress aims to delve into the impact of the microbiome on gastrointestinal health and explore its potential clinical implications. The 2025 edition will introduce groundbreaking insights into the role of intestinal barriers, which are crucial for overall health. Diet is one of the most significant factors influencing microbiome composition, and many patients with gastrointestinal issues often report symptom flare- ups after consuming specific foods. In this context, effectively managing food intolerances is key to enhancing patients' quality of life. The congress will also provide an in-depth examination of the utility of breath tests in gastroenterology, offering practical guidelines on which tests to use, when to use them, and how to interpret the results.

Another important topic will be the impact of Helicobacter pylori (H. pylori), a major disruptor of gastrointestinal ecology. Emerging research will be presented on how H. pylori eradication affects both gastrointestinal symptoms and the microbiome.

Additionally, the congress will present a hands-on approach to managing common gastrointestinal symptoms and diseases where microbiome modulation proves to be an effective therapy. These include conditions such as diarrhea, constipation, ulcerative colitis, and drug-induced dysbiosis. The meeting will also explore the multidisciplinary approach for patients experiencing overlapping uro-gynecological symptoms.

Finally, interactive clinical cases powered by artificial intelligence will challenge participants to develop microbiome-targeted diagnostic and therapeutic strategies, making this congress a truly immersive and practical learning experience.

**Sede Congresso:** 

Hotel Leon d'Oro: V.le del Piave, 5. 37135 Verona VR

Evento nº ID: 6364-436008

N° crediti: 10

Professione: MEDICO CHIRURGO SPECIALIZZAZIONI: GASTROENTEROLOGIA: GERIATRIA: MALATTIE INFETTIVE; MEDICINA E CHIRURGIA DIACCETTAZIONE E DI URGENZA; MEDICINA INTERNA; CHIRURGIA GENERALE;

MEDICINA GENERALE (MEDICI DI FAMIGLIA)

OBIETTIVO FORMATIVO: linee guida, protocolli, procedure

Con la sponsorizzazione non condizionante di Alfasigma S.p.A.



PROVIDER E SEGRETERIA ORGANIZZATIVA



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road to

Verona

PROG

Con il patrocinio di



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# Microbiota road to Verona



11 - 12 april 2025 Verona Hotel Leon D'Oro



## Friday April 11st

13.00 - 13.45	Registration and welcome lunch
13.45 - 14.00	Welcome, course description and objective Loris R. Lopetuso, Giovanni Marasco, Olga Maria Nardone
14.00 - 14.30	Novelties in microbiome and gastrointestinal diseases: an update Gianluca laniro
14.30 - 15.00	Insights into gut barriers and leaky gut Loris R. Lopetuso
15.00 - 15.30	Food intolerances and breath tests: which, when, how Edoardo Vincenzo Savarino
15:30 - 15:45	Query and Answer
15:45 - 16:15	H. Pylori diagnosis and treatment: from bed to microbiota Peter Malfertheiner
16.15 - 16.45	Managing chronic diarrhea: a dear old enemy Giovanni Marasco
16.45 - 17.00	Query and Answer
17.00 - 17.30	CoffeeBreak
17.30 - 18.45	Interactive case reports with challenge between participants Digital Human Case: An unusual case of diarrhea tutored by Loris R. Lopetuso, Giovanni Marasco, Olga Maria Nardone
	Loris R. Lopeluso, Giovanni Marasco, Olga Maria Nardone
18.45 - 19.30	Case presentation by participants: what have been and what could have been done?  tutored by  Loris R. Lopetuso, Giovanni Marasco, Olga Maria Nardone
19.30 - 19.45	Query and Answer session
19.45	Adjour

# Saturday April 12th

Is there a role for gut microbiota in constipation pathophysiology and treatment?  Cesare Cremon
Microbiota modulation in Ulcerative Colitis: the forgotten solution? Olga Maria Nardone
Query and answer
Microbiome-modulating strategies for drug-induced dysbiosis Davide G. Ribaldone
Dysbiosis and hormonal variations in the context of gastrointestinal comorbidities: the role of the ginecologist Francesco de Seta
Query and answer
Interactive case reports with challenge between participants Digital Human Case: Constipation, vaginosis and dietary restrictions tutored by Francesco De Seta, Loris R. Lopetuso, Giovanni Marasco, Olga Maria Nardone
Lunch
Take home message & ECM quiz

