



New insights for a better management of irritable bowel syndrome

June 17-19, 2024

Palazzo Re Enzo, Bologna, Italy

PRELIMINARY PROGRAM

ENDORSEMENTS





WELCOME ADDRESS

Dear Esteemed Colleagues,

*It is with great pleasure that I extend a warm welcome to the **fourth edition of IBS DAYS**, set to take place in the captivating city of **Bologna, Italy** from June 17-19, 2024. Our venue, the **historic Palazzo Re Enzo**, along with other medieval buildings nestled in the heart of the city, promises an evocative setting for our gathering.*

*This event serves as a **platform to explore current and future perspectives within the dynamic realm of Irritable Bowel Syndrome (IBS)**. Our program encompasses a wide spectrum of topics, including epidemiology, genetic influences, the role of diet, microbiota, immune pathways, infectious triggers, diagnostic modalities, biomarker advancements, and therapeutic interventions.*

In response to the evolving needs of our community, we are proud to introduce also a postgraduate course tailored to equip attendees with practical insights into the diagnosis and management of IBS in everyday clinical practice.

*Our scientific agenda boasts an array of **State of the Art Lectures delivered in plenary sessions, complemented by engaging parallel sessions** featuring distinguished speakers from our esteemed faculty. Moreover, we eagerly anticipate the **presentation of original research through both oral and poster sessions**, providing ample opportunities for scholarly exchange and collaboration.*

We envision this gathering not only as a forum for academic discourse but also as a catalyst for fostering camaraderie, stimulating dialogue, and nurturing collaborative endeavors that drive innovation and enhance patient care.

May our time together be marked by fruitful exchanges, enduring friendships, and collective strides towards advancing our field and optimizing patient outcomes.

Warm regards,

Giovanni Barbara
Congress Chair

A handwritten signature in black ink, appearing to read "G. Barbara", written in a cursive style.

CONGRESS CHAIR



Giovanni Barbara
Italy

SCIENTIFIC COMMITTEE



Vincenzo Stanghellini
Chair, Italy



Maria Raffaella Barbaro
Italy



Lin Chang
USA



Maura Corsetti
UK



Cesare Cremon
Italy



Giovanni Marasco
Italy



Chloè Melchior
France



Javier Santos
Spain



Magnus Simren
Sweden



Jan Tack
Belgium

FACULTY

Viola Andresen

Germany

Francesco Asnicar

Italy

Qasim Aziz

United Kingdom

Fernando Azpiroz

Spain

Sarah Ballou

USA

Giovanni Barbara

Italy

Maria Raffaella Barbaro

Italy

Gabrio Bassotti

Italy

Massimo Bellini

Italy

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Canada

Guy Boeckxstaens

Belgium

Serhat Bor

Turkey

Patrizia Brigidi

Italy

Michael Camilleri

USA

Florenca Carbone

Belgium

Cristiano Caruso

Italy

Andrea Castagnetti

Italy

Lin Chang

USA

Giuseppe Chiarioni

Italy

Bruno Chumpitazi

USA

Stephen Collins

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Maura Corsetti

United Kingdom

Cesare Cremon

Italy

Mauro D'Amato

Italy

Roberto De Giorgio

Italy

Giada De Palma

Canada

Carlo Di Lorenzo

USA

Vasile Drug

Romania

Antonio Gasbarrini

Italy

Simone Guglielmetti

Italy

Johann Hammer

Austria

Gianluca Ianiro

Italy

Paola Iovino

Italy

Brian Lacy

USA

Loris Lopetuso

Italy

Peter Malfertheiner

Germany

Daniele Mandolesi

Italy

Giovanni Marasco

Italy

Chloé Melchior

France

Eammon Quigley

USA

Daniele Salvi

Italy

Javier Santos

Spain

Giovanni Sarnelli

Italy

Edoardo Savarino

Italy

Carmelo Scarpignato

Italy

Carola Severi

Italy

Magnus Simren

Sweden

Ami Sperber

Israel

Annamaria Staiano

Italy

Vincenzo Stanghellini

Italy

Jan Tack

Belgium

Tim Vanuytsel

Belgium

Nathalie Vergnolle

France

Maria Vicario

Spain

Susanna Walter

Sweden

SCIENTIFIC PROGRAMME OVERVIEW

MONDAY, JUNE 17, 2024 - OPENING CEREMONY

	MAIN CONGRESS HALL SALONE DEL PODESTÀ	REGISTRATION AREA
10:00		REGISTRATION 10:00-19:30
11:00	POST-GRADUATE COURSE - DIAGNOSIS	
12:00		
12:50		
12:50	LUNCH	
13:40	POST-GRADUATE COURSE - TREATMENT	
14:30		
15:00		
15:30		
16:00		
16:30		
17:00		
17:30		
18:00	OPENING CEREMONY	
18:30		
19:30		
19:30	WELCOME COCKTAIL	
20:30		
21:00		

TUESDAY, JUNE 18, 2024 - PROGRAM

	MAIN CONGRESS HALL SALONE DEL PODESTÀ	AUDITORIUM ENZO BIAGI SALA BORSA	ORATORIO SAN GIOVANNI BATTISTA DEI FIORENTINI
07:00	REGISTRATION		
08:00	PROGRAM OVERVIEW		
08:20	SESSION I - ROME FOUNDATION SYMPOSIUM		
09:45	COFFEE BREAK		
10:15	SESSION II - OVERLAPPING CONDITIONS		
11:30			
11:30	SESSION III - GENOTYPE - PHENOTYPE ASSOCIATION IN ADULTS AND PEDIATRIC PATIENTS		
13:10	LUNCH BREAK & POSTER SESSION		
13:10			
14:20	SESSION IV - WORKSHOP I - GUT MICROBIOTA	SESSION IV - WORKSHOP II - CLINICAL	SESSION IV - WORKSHOP III - PATHOPHYSIOLOGY
14:20			
16:05	COFFEE BREAK	COFFEE BREAK	COFFEE BREAK
16:05	FREE PAPER SESSION	FREE PAPER SESSION	FREE PAPER SESSION
16:35			
17:35			
20:30	GALA DINNER		

WEDNESDAY, JUNE 19, 2024 - PROGRAM

	MAIN CONGRESS HALL SALONE DEL PODESTÀ
08:00	SESSION V - HIGHLIGHTS FROM TUESDAY'S FREE PAPERS & IMMUNE ACTIVATION
09:20	SESSION VI - LUMINAL FACTORS
10:35	COFFEE BREAK
11:00	SESSION VII - WHAT'S NEW ON GUT MICROBIOTA RESEARCH
12:15	SESSION VIII - HOT TOPICS ON MANAGEMENT
13:30	CONCLUDING REMARKS AND AWARDS FOR BEST ABSTRACTS
13:45	LUNCH BREAK

POSTGRADUATE COURSE
A JOURNEY TOWARDS EFFECTIVE MANAGEMENT OF IBS



PALAZZO RE ENZO

MONDAY, JUNE 17TH

10:00 Registration

11:00 Diagnosis

Chairs: *Maura Corsetti (UK), Giovanni Barbara (Italy)*

11:00 Challenges in IBS management: Clinical case 1
Daniele Salvi (Italy)

11:15 Discussion

11:35 History and symptom assessment
Jan Tack (Belgium)

12:00 Diagnostic tests: When and which
Cesare Cremon (Italy)

12:25 Role of breath testing
Johann Hammer (Austria)

12:50 Lunch Break

13:40 Treatment

Chairs: *Lin Chang (USA), Magnus Simren (Sweden)*

13:40 Challenges in IBS management: Clinical case 2
Tim Vanuytsel (Belgium)

13:55 Discussion

14:15 Treatment of abdominal pain
Maura Corsetti (UK)

14:40 Treatment of abdominal bloating
Chloè Melchior (France)

15:05 Treatment of constipation in IBS-C
Carmelo Scarpignato (Italy)

15:30 Treatment of diarrhea in IBS-D
Brian Lacy (USA)

15:55 Closing remarks
Lin Chang (USA)

16:00 Adjour



OPENING CEREMONY

PALAZZO RE ENZO

MONDAY, JUNE 17TH

18:00 Welcome

Giovanni Barbara

Congress Chair, University of Bologna

Vincenzo Stanghellini

Scientific Committee Chair, University of Bologna

Alberto Credi

Pro-Rector of Research, University of Bologna

Marco Seri

Scientific Director IRCCS Policlinico St. Orsola

Gianandrea Pasquinelli

*Director, Department of Medical and Surgical Sciences,
University of Bologna*

Gilberto Poggioli

*Director, Medical and Surgical Department of Digestive Hepatic
and Endocrine Metabolic Diseases, IRCCS Policlinico St. Orsola,
Bologna*

18:30 Inaugural Lecture

Emilia Romagna, a magic region

Luca di Montezemolo

*President of Italo, Fondazione Telethon
and Manifatture Sigaro Toscano*

19:30 Cocktail

PROGRAM
PLENARY SESSION



PALAZZO RE ENZO

TUESDAY, JUNE 18TH

07:00 **Registration**

08:00 **Program overview**
Giovanni Barbara (Italy)

Session I – Rome Foundation Symposium

Chairs: *Jan Tack (Belgium), Vincenzo Stanghellini (Italy)*

08:20 **Rome Foundation related activities**
Jan Tack (Belgium)

08:30 **Rome V epidemiology study**
Ami Sperber (Israel)

08:55 **Plausibility of pathophysiological mechanisms in IBS**
Consensus between Rome Foundation and
Neurogastroenterology & Motility Scientific Societies
Jan Tack (Belgium)

09:20 **IBS-IBD overlap**
Outcome of the Rome Foundation Working Team
Lin Chang (USA)

09:45 **Coffee Break**

Session II – Overlapping Conditions

Chairs: *Eamonn Quigley (USA), Roberto De Giorgio (Italy)*

10:15 **Overlap of IBS with organic disorders**
Giovanni Barbara (Italy)

10:40 **Mental comorbidities**
Sarah Ballou (USA)

11:05 **Symptom clusters**
Magnus Simren (Sweden)

Session III – Genotype / Phenotype Associations in Adult and Pediatric Patients

Chairs: *Annamaria Staiano (Italy), Michael Camilleri (USA)*

11:30 Genetic factors: Biobank-scale studies

Mauro D'Amato (Italy)

11:55 Genotypic-phenotypic associations of abdominal pain

Qasim Aziz (UK)

12:20 Patient reported outcomes (PROs) in IBS

Brian Lacy (USA)

12:45 Pediatric IBS: What is peculiar in children

Carlo Di Lorenzo (USA)

13:10 Lunch Break and Poster Session

Poster Session

Chairs: *Paola Iovino (Italy), Vasile Drug (Romania)*

Committee Members

Gabrio Bassotti, (Italy)

Massimo Bellini (Italy)

Serhat Bor (Turkey)

Loris Lopetuso (Italy)

Daniele Mandolesi (Italy)

Giovanni Sarnelli (Italy)

Carola Severi (Italy)

Tim Vanuytsel (Belgium)

**PROGRAM
WORKSHOP I**



PALAZZO RE ENZO 

TUESDAY, JUNE 18TH

Chairs: *Stephen Collins (Canada), Peter Malfertheiner (Germany)*

14.20 Bromatech Sponsored lecture

Modulation of gut microbiota in patients with IBS and systemic nickel allergy after diet and probiotic supplementation: a pilot study
Cristiano Caruso (Italy)

Session IV – Gut Microbiota

14:50 Influence of microbiota on gut sensory-motor function
Giada De Palma (Canada)

15:15 Precision medicine: Microbiota signatures predicting probiotic response
Simone Guglielmetti (Italy)

15:40 Clinical evidence of probiotic efficacy
Viola Andresen (Germany)

16:05 Coffee Break

Free Papers Session

Chairs: *Magnus Simren (Sweden)*, Giovanni Marasco (Italy)*

16:35 Free Paper 1

16:50 Free Paper 2

17:05 Free Paper 3

17:20 Free Paper 4

17:35 Adjour

20:00 Social Dinner

* Reporting in plenary next day

PROGRAM WORKSHOP II



SALA BORSA 

TUESDAY, JUNE 18TH

Chairs: *Lin Chang (USA), Massimo Bellini (Italy)*

14.20 Wellmicro Sponsored lecture

Hidden players: a metagenomic multi-kingdom approach for a better IBS characterisation

Andrea Castagnetti (Italy)

Session IV – Clinical

14:50 Role of gender in IBS
Susanna Walter (Sweden)

15:15 Abdomino-phrenic dyssynergia: From mechanisms to treatment
Fernando Azpiroz (Spain)

15:40 IBS overlapping with anorectal disorders
Giuseppe Chiarioni (Italy)

16:05 Coffee Break

Free Papers Session

Chairs: *Chloè Melchior (France), Fernando Azpiroz (Spain)**

16:35 Free Paper 1

16:50 Free Paper 2

17:05 Free Paper 3

17:20 Free Paper 4

17:35 Adjour

20:00 Social Dinner

* Reporting in plenary next day

**PROGRAM
WORKSHOP III**



ORATORIO SAN GIOVANNI BATTISTA DEI FIORENTINI 

TUESDAY, JUNE 18TH

Chairs: *Qasim Aziz (UK), Edoardo Savarino (Italy)*

14:20 Cadigroup Sponsored lecture

Escherichia coli Nissle 1917: targeting microbiota to fight IBS
Giovanni Barbara (Italy)

Session IV – Pathophysiology

14:50 Intestinal biofilms: The hidden secrets of the mucus
Nathalie Vergnolle (France)

15:15 Intestinal barriers and the gut-brain axis
Maria Raffaella Barbaro (Italy)

15:40 Hints from the DISCOVERIE H2020 Project
Development, diagnostic and prevention of gender-related somatic and mental comorbidities in IBS in Europe
Javier Santos (Spain)

16:05 Coffee Break

Free Papers Session

Chairs: *Florenca Carbone (Belgium), Michael Camilleri (USA)**

16:35 Free Paper 1

16:50 Free Paper 2

17:05 Free Paper 3

17:20 Free Paper 4

17:35 Adjour

20:00 Social Dinner

* Reporting in plenary next day

**PROGRAM
PLENARY SESSION**

PALAZZO RE ENZO

WEDNESDAY, JUNE 19TH**Session V – Highlights from Tuesday's Free Papers Session
and Immune Activation****Chairs:** *Nathalie Vergnolle (France), Stephen Collins (Canada)*

08:00 **Highlights from Tuesday's Free Paper Sessions**
*Magnus Simren (Sweden), Fernando Azpiroz (Spain),
Michael Camilleri (USA)*

08:30 **Eosinophils in IBS and related conditions**
Maria Vicario (Spain)

08:55 **Mast cells in IBS: Pathophysiology and potential therapeutic
implications**
Guy Boeckxstaens (Belgium)

Session VI – Luminal Factors**Chairs:** *Serhat Bor (Turkey), Cesare Cremon (Italy)*

09:20 **Bile acids malabsorption and IBS: Pathophysiology and clinical
implications**
Michael Camilleri (USA)

09:45 **Mechanisms underlying food-related symptoms in children and
adults**
Bruno Chumpitazi (USA)

10:10 **The microbiota-brain axis**
Premysl Bercik (Canada)

10:35 **Coffee Break**

PROGRAM
PLENARY SESSION



PALAZZO RE ENZO

WEDNESDAY, JUNE 19TH

Session VII – What’s New on Gut Microbiota

Chairs: *Patrizia Brigidi (Italy), Antonio Gasbarrini (Italy)*

11:00 **Microbiome: Hot off the press**
Antonio Gasbarrini (Italy)

11:25 **Computational metagenomics for the analysis of gut microbiota**
Francesco Asnicar (Italy)

11:50 **Gut microbiota testing in clinical practice**
Gianluca Ianaro (Italy)

Session VIII – Hot Topics on Management

Chairs: *Lin Chang (USA), Carmelo Scarpignato (Italy)*

12:15 **Exploring the effectiveness of personalized diet interventions in IBS**
Florenca Carbone (Belgium)

12:40 **Microbiota modulation: A true alternative to conventional therapies?**
Eamonn Quigley (USA)

13:05 **Treatment of IBS spectrum: From algorithms to practical, cost effective biomarkers**
Michael Camilleri (USA)

13:30 **Concluding remarks and awards for best abstracts**
Giovanni Barbara (Italy)

CONGRESS VENUE INFORMATION

JUNE 17TH - JUNE 19, 2024 OPENING CEREMONY, CONGRESS

Palazzo Re Enzo

Piazza del Nettuno, 1/C, Bologna - Italy
Tel. +39 051 6583111 - palazzoreenzo.com/

JUNE 18TH, 2024 SOCIAL DINNER

Palazzo Albergati Zola Predosa

Via Angelo Masini, 46 Zola Predosa (BO)
South Entrance

JUNE 18TH, 2024 CONGRESS AND WORKSHOPS

Palazzo Re Enzo

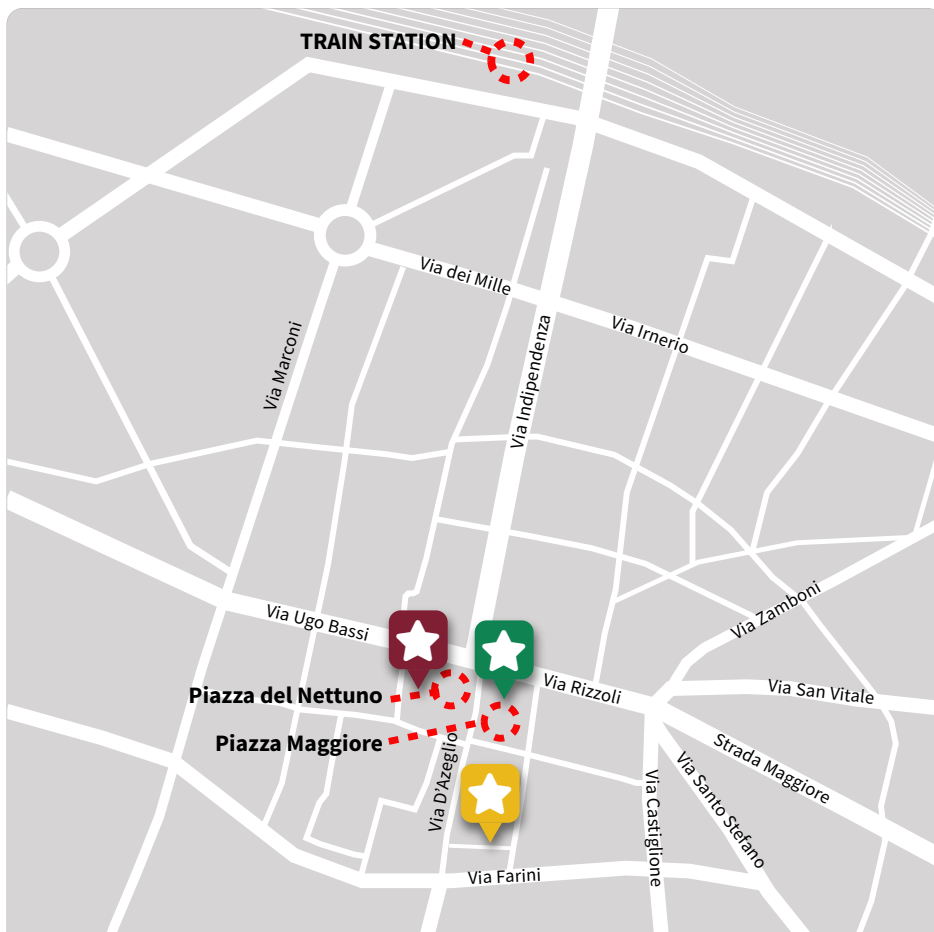
Piazza del Nettuno, 1/C, Bologna - Italy
Tel. +39 051 6583111 - palazzoreenzo.com


Auditorium Enzo Biagi - Sala Borsa


Piazza del Nettuno, 3, Bologna - Italy
Tel. + 39 051 219 4400

Oratorio di San Giovanni Battista dei Fiorentini

Corte de Galluzzi, 6, Bologna - Italy
Tel. +39 051 6571111



 **Palazzo Re Enzo**
Piazza del Nettuno 1C

 **Sala Borsa - Auditorium Enzo Biagi**
Piazza del Nettuno 3

 **Oratorio San Giovanni Battista dei Fiorentini**
Corte Galluzzi

GENERAL INFORMATION

Congress Counter and Registrations

All congress materials are available at the Congress Counter which is located at the 1st floor of Palazzo Re Enzo.

Opening Hours

The Congress Counter will be open at the following times:

MONDAY June 17th, 2024

from 10:00 to 19:30

TUESDAY June 18th, 2024

from 7:00 to 18:00

WEDNESDAY June 19th, 2024

from 7:30 to 16:00

During the opening hours the Congress Secretariat can be contacted at:

Mobile Phone **+39 346 0394052**

Contact person **Michela Gorgoglione**

Registration Fees

Registration fee option	Late registration (after March 21, 2024)
IBS DAYS Meeting + Post-Graduate Course Regular participant	€ 550,00
IBS DAYS Meeting + Post-Graduate Course Fellow/Trainee*	€ 300,00
IBS DAYS Meeting + Post-Graduate Course Accompanying Person**	€ 200,00

*Fellow/trainee applicants must be under 40 years of age and a certificate from the supervisor or Head of Department must be forwarded together with the registration fee payment receipt.

This registration fee includes Welcome Reception attendance on June 17 and Gala Dinner on June 18. **Please note that accompanying persons are not admitted to Scientific Sessions.

The registration fee includes: 22% VAT, Admittance to scientific sessions, Access to exhibition area, Congress kit, Lunch, Coffee breaks, Italian CME Certificate and Certificate of Attendance, Admittance to Opening Ceremony and Cocktail (June 17th) and Social Dinner (June 18th).

On-site registration

On-site registration will be processed on a first-come, first serve basis. Priority will be given to pre-registered delegates. Please note that depending on the number of on-site registered delegates, availability of congress material may be limited.

Cancellation policy

All amendments or cancellations should be submitted by email to Planning Congressi S.r.l.. The cancellation will be accepted within May 10th, 2024. Before this date the 50% of the amount will be refunded. Please note that bank administration fee will not be reimbursed. No refund will be made for cancellations received after May 10th, 2024.

All the reimbursements will be sent after the congress.

Italian Continuing Medical Education (CME)

Planning Congressi S.r.l. is a CME provider - identification code no. 38 - and has assigned to the IBS DAYS Meeting no. 38-418040 no. 3,3 and to the Post Graduate Course no 38-418069 no. 4 credits for Physicians of the following disciplines:

- Gastroenterology
- Internal Medicine
- Clinical Pharmacology and Toxicology
- Paediatric (Paediatricians)
- Epidemiology
- Family Medicine
- Clinical Pathology (Clinical Chemistry Laboratory and Microbiology)

Please note that the IBS DAYS meeting accreditation is for June 18th and 19th mornings only.

Please be aware that for the acquisition of credits it is mandatory to have attended the 90% of the whole duration of the congress and selected at least the 75% of correct answers of the CME questionnaire.

Name Badges

Participants are asked to wear their name badge at all times during the congress.

The colours of the name badges have the following meaning:

Faculty:	ORANGE
Participants:	BLUE
Accompanying persons:	PINK
Exhibitors:	GREEN
Staff:	RED
Press:	PURPLE

Congress Language

The official language of the congress is English. Please note that the simultaneous translation from English into Italian will be provided on June 17th, 18th and 19th, 2024 in Plenary Sessions only. During Parallel Sessions simultaneous translation won't be provided.

Certificate of Attendance

A certificate of attendance will be handed out upon request at the Organizing Secretariat counter at the end of the Congress. Please note that the Italian CME certificate will be sent by email by 90 days.

Abstracts

Abstracts of all lectures will be collected in an Abstract Book which will be available online on the official website and on the Web App of the event.

Posters

Posters will be available for viewing starting from June 18th, 2024 at 9:00 am, they will be discussed on June 18th, 2024 during the Lunch Break and can be available for viewing also on June 19th, 2024 until the end of the Meeting.

The Posters will be presented on June 18th, 2024 at the Poster Area from 13:10 to 14:20. Poster presenters will have 8 minutes to present and are kindly requested to be next to their poster during the indicated timeslot.

Instructions

Posters can be affixed at the poster area on June 18th, 2024 starting from 7:00 to 10:00 and removed after the end of the Meeting.

Program Changes

The organizers cannot assume liability for any changes in the conference program due to external or unforeseen circumstances.

Speakers' Centre

The Speakers' Centre is located at the 1st floor of Palazzo Re Enzo. Speakers are kindly asked to bring a USB Flash drive containing the Power Point presentation preferably one day before their talk, but at the latest three hours prior their talk. Due to time and technical reasons, we kindly ask the speakers not to use their own notebook.

Opening Hours

The Speakers' Centre will be open at the following times:

MONDAY June 17th, 2024

from 08:30 to 16:30

TUESDAY June 18th, 2024

from 7:00 to 18:00

WEDNESDAY June 19th, 2024

from 7:30 to 16:00

WiFi Access

IBS DAYS Wi-Fi
Network WiFi@ibsdays
Password: ibsdays2024

Mobile Phones

Participants are kindly requested to keep their own mobile phones turned off while attending the scientific sessions in the meeting room. Photos or video recording of the meeting are strictly prohibited.

Cloakroom

A cloakroom can be used free of charge from June 17th to June 19th, 2024. Participants can also store therein their luggage. The cloakroom is located at the 1st floor of Palazzo Re Enzo.

Lunches

Lunches will be served free of charge on June 17th (for Post Graduate Course attendants only) and for all registered participants at the scheduled time on June 18th, 2024.

Coffee breaks

Coffee and tea will be served free of charge for all registered participants during morning and afternoon breaks provided on June 18th and June 19th, 2024.

Cocktail

Cocktail will be served at the Congress venue at the end of the Opening Ceremony on June 17th, 2024.

Insurance/Liability

The organizers do not accept any liability for damages and/or loss of any kind which may be incurred by the congress participants or by any person accompanying them during the congress official activities. Participants are therefore advised to take out insurance against loss, accident or damage that could be incurred during the congress.

Pharmacy (near the congress venue)

LloydsFarmacia Centrale 24H
Piazza Maggiore, 6 - Bologna
Tel. +39 051 239690

Taxi service

Tel. +39 051 4590. - <https://taxibologna.it/>

Press

Media have been invited to attend the IBS DAYS Meeting and they may be interested in interviewing experts. The Organising Secretariat is on site to take care of those requests and will facilitate contacts if you agree. We inform you that video recordings and photos could be made during the congress and posted online. Thanks for your cooperation.

Social Media

IBS DAYS is on Facebook, Twitter and LinkedIn. Please share your comments and post your photo using the following hashtag: **#IBSDAYS2024**

FLOORPLANS

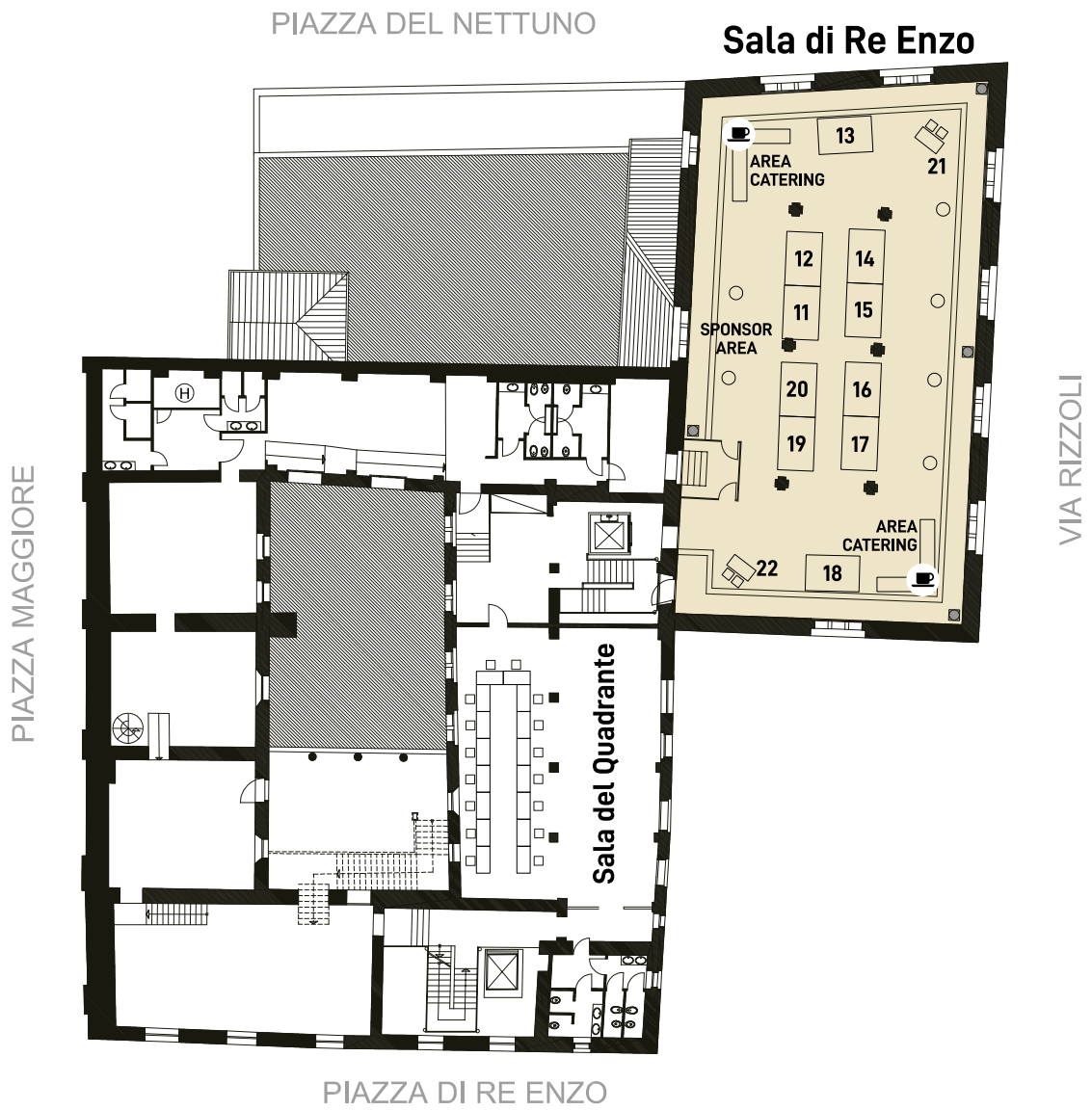
PALAZZO RE ENZO - FIRST FLOOR



SALA DEGLI ATTI

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PALAZZO RE ENZO - SECOND FLOOR



SALA DI RE ENZO

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Organizing Secretariat
Planning Congressi Srl
Via Guelfa, 9
40138 Bologna (Italy)

Phone: +39.051.300 100 ext. 134
Mobile: +39.346.0394052
Fax: +39.051.309 477
E-mail: m.gorgoglione@planning.it